

Race Number	Surname	First name	Club	Swim Time	Start Time Approx.
391	Abbott	Jason		11-12 Mins	07:43:20
523	Abbott	Sammy		7-7.30 Mins	08:24:00
Relay	Adams	Rae			
Relay 486	Askam	Katy		8-8.30 Mins	08:10:25
351	Aspel	Conor		14+ Mins	07:30:00
503	Atherton	Nina	Barnet and district ac	7.30-8 Mins	08:20:40
431	Avison	Carlton		9-10 Mins	07:56:40
432	Avison	Jo		9-10 Mins	07:56:55
365	Baker	Daniel		12-14 Mins	07:34:40
352	Barrett	Kelly		14+ Mins	07:30:20
392	Beard	Rebecca		11-12 Mins	07:43:40
366	Bexley	Joanne		12-14 Mins	07:35:00
556	Biggs	Daniel	St Neots SWANS	6-6.30 Mins	08:29:30
504	Biggs	Mike	SNCC	7.30-8 Mins	08:20:50
568	Bird	Owen	Luton AC	Sub 5 Mins!	08:31:30
409	Boddington	David		10-11 Mins	07:49:20
463	Borland	David		8.30-9 Mins	08:04:40
367	Bowyer	Bianca		12-14 Mins	07:35:20
433	Breitenbach	Peter		9-10 Mins	07:57:10
505	Brinsden	Isabel		7.30-8 Mins	08:21:00
464	Broadhead	Mark		8.30-9 Mins	08:04:55
524	Brocklehurst	Philip		7-7.30 Mins	08:24:10
393	Brocklehurst	Tessa		11-12 Mins	07:44:00
557	Brown	Antony	PACTRAC	6-6.30 Mins	08:29:40
368	Bucci	Arianna	Team Mk	12-14 Mins	07:35:40
434	Bystry	Richard		9-10 Mins	07:57:25
435	Caddick	Simon		9-10 Mins	07:57:40
394	Card	Sam		11-12 Mins	07:44:20
558	carpenter	pete		6-6.30 Mins	08:29:50
540	Catherine	Joanne		6.30-7 Mins	08:26:50
565	Chapman	Jacob	BRJ	5-5.30 Mins	08:31:00
566	Chapman	Joshua	BRJ Run & Tri	5-5.30 Mins	08:31:10
525	Clark	Simon		7-7.30 Mins	08:24:20
436	Clayton	Steve	TRENT PARK RC	9-10 Mins	07:57:55
353	Cowan	Fiona		14+ Mins	07:30:40
410	Creighton	Richard		10-11 Mins	07:49:40
541	Cross	Lloyd		6.30-7 Mins	08:27:00
437	Dabell	Mark		9-10 Mins	07:58:10
395	D'Amore	Adam		11-12 Mins	07:44:40
396	Daniels	Simon		11-12 Mins	07:45:00
397	Darnell	Carole	Bedford Harriers	11-12 Mins	07:45:20
438	Davys	Susan	PACTRAC	9-10 Mins	07:58:25
465	Delaney	Tina	Bedford harriers	8.30-9 Mins	08:05:10
506	Denison	James		7.30-8 Mins	08:21:10
439	DeWinter	Margaret		9-10 Mins	07:58:40
411	Dodsworth	Lona		10-11 Mins	07:50:00
369	Dodsworth	Ruth		12-14 Mins	07:36:00
487	Douglas	Brett		8-8.30 Mins	08:10:40
542	Dow	Gordon		6.30-7 Mins	08:27:10
440	Drury	David		9-10 Mins	07:58:55
488	Duck	Chris		8-8.30 Mins	08:10:55
543	Duckworth	Andy		6.30-7 Mins	08:27:20
412	Dudely-Heidkamp	Oliver		10-11 Mins	07:50:20
507	Duncliffe	Chris		7.30-8 Mins	08:21:20
466	Duncliffe	Katherine		8.30-9 Mins	08:05:25
489	Early	Ian		8-8.30 Mins	08:11:10

526	Ellerby	Vince	Gade Valley Tri	7-7.30 Mins	08:24:30
Relay 544	Emery	Matthew		6.30-7 Mins	08:27:30
370	Evans	Paul		12-14 Mins	07:36:20
413	Faircloth	Nigel	Oakley Cycling and Jogging Club	10-11 Mins	07:50:40
490	Fancourt	Philippa		8-8.30 Mins	08:11:25
508	Farmbrough	James	Team MK	7.30-8 Mins	08:21:30
467	Farr	Vicki	Shires Triers	8.30-9 Mins	08:05:40
371	Farrow	Gerald	Pactrac	12-14 Mins	07:36:40
398	Forbes	Carlton		11-12 Mins	07:45:40
354	Fox	Samantha		14+ Mins	07:31:00
399	franks	graham		11-12 Mins	07:46:00
559	Gaines	Tony	Cheesey Striders	6-6.30 Mins	08:30:00
372	Gallyot	Rachel		12-14 Mins	07:37:00
468	Gallyot	Stuart		8.30-9 Mins	08:05:55
509	Gardner	Helen		7.30-8 Mins	08:21:40
414	Garrett	Emma		10-11 Mins	07:51:00
373	Gaynor	Chris		12-14 Mins	07:37:20
441	Gibbin	Hannah		9-10 Mins	07:59:10
374	Gilbert	Colin		12-14 Mins	07:37:40
442	Gilbert	Sally		9-10 Mins	07:59:25
527	Girling	David	Bedford Harriers	7-7.30 Mins	08:24:40
510	Godfrey	Duncan	Team Trident	7.30-8 Mins	08:21:50
491	Grady	Oswin	Beds Road CC	8-8.30 Mins	08:11:40
492	Grant-Jones	Joel	Honey Badger Tri Club	8-8.30 Mins	08:11:55
528	Gray	Ailish		7-7.30 Mins	08:24:50
443	Gray	Amanda		9-10 Mins	07:59:40
560	Gray	John		6-6.30 Mins	08:30:10
545	Grint	Ruth	hemel cycling club	6.30-7 Mins	08:27:40
415	Haddock	Anya		10-11 Mins	07:51:20
469	Hansmeyer	Jenna		8.30-9 Mins	08:06:10
470	Hansmeyer	Trevor		8.30-9 Mins	08:06:25
529	Harris	Cath	Freedom Tri	7-7.30 Mins	08:25:00
444	Harvey	Tony		9-10 Mins	07:59:55
445	Hayden	Keir		9-10 Mins	08:00:10
546	Hayward	Connor	Bedford Traktors	6.30-7 Mins	08:27:50
400	Hegenbarth	Sally		11-12 Mins	07:46:20
401	Hinwood	James		11-12 Mins	07:46:40
547	Histed	Mark	Stroud Valley Triathletes	6.30-7 Mins	08:28:00
493	Hitchcock	Wendy	Biggleswade AC	8-8.30 Mins	08:12:10
402	Hodges	Clare	Leighton Buzzard tri club	11-12 Mins	07:47:00
511	Holden	Megan	Team Trident	7.30-8 Mins	08:22:00
548	Holt	Darrel		6.30-7 Mins	08:28:10
355	Horner	Marc		14+ Mins	07:31:20
494	Hulatt	Martin		8-8.30 Mins	08:12:25
512	Hulbert	Marc		7.30-8 Mins	08:22:10
416	Hunter	Marianne		10-11 Mins	07:51:40
446	Jackson	Claire		9-10 Mins	08:00:25
530	James	Steve		7-7.30 Mins	08:25:10
417	Jarvis	Catherine		10-11 Mins	07:52:00
375	Jeffcoate	Oliver		12-14 Mins	07:38:00
567	Jenkins	Phil	Beds Road CC	5-5.30 Mins	08:31:20
376	Johnson	Sally		12-14 Mins	07:38:20
471	Jones	Richard		8.30-9 Mins	08:06:40
447	Jordan	Mark		9-10 Mins	08:00:40
472	Jordan	Roger		8.30-9 Mins	08:06:55
418	Kaye	Allison	Lovetri	10-11 Mins	07:52:20
473	Keens	Mark	Bedford Harriers	8.30-9 Mins	08:07:10

531 Kellett	Gary	Tri-force	7-7.30 Mins	08:25:20
495 Kirk	James		8-8.30 Mins	08:12:40
377 Knott	James		12-14 Mins	07:38:40
532 Lakeland	Chris		7-7.30 Mins	08:25:30
419 Lee	Andy		10-11 Mins	07:52:40
561 Lee	Jason	Team Milton Keynes	6-6.30 Mins	08:30:20
549 Litchfield	Tim		6.30-7 Mins	08:28:20
420 Lynch	Sacha		10-11 Mins	07:53:00
564 Mackerness	Ian	Team Trident	5.30-6 Mins	08:30:50
474 Manoloudakis	Nikolaos		8.30-9 Mins	08:07:25
356 Mason	Helen		14+ Mins	07:31:40
513 Maukonen	Karen	BRJ Run and Tri	7.30-8 Mins	08:22:20
550 Maukonen	Paulus	BRJ Run and Tri	6.30-7 Mins	08:28:30
514 McGiddy	Mark	Walden Tri	7.30-8 Mins	08:22:30
496 McKay	Andrew		8-8.30 Mins	08:12:55
448 McKinlay	Rachel	Amphill & Flitwick Flyers	9-10 Mins	08:00:55
449 Measures	Matthew		9-10 Mins	08:01:10
497 Mermaz	Alex		8-8.30 Mins	08:13:10
475 Mitchell	Sam		8.30-9 Mins	08:07:40
533 Morgan	Stephanie		7-7.30 Mins	08:25:40
357 Murphy	Andrew	Bedford Bellybusters	14+ Mins	07:32:00
378 Murphy	Terrene	Pactrac	12-14 Mins	07:39:00
358 Neville	Greta		14+ Mins	07:32:20
476 Newson	Tracey		8.30-9 Mins	08:07:55
379 Nicholson	Jeremy		12-14 Mins	07:39:20
515 Noble	Steven	Leighton Buzzard Triathlon Club	7.30-8 Mins	08:22:40
359 nohlmans	josine		14+ Mins	07:32:40
360 Northam	Kevin		14+ Mins	07:33:00
450 Paren	Martin		9-10 Mins	08:01:25
477 Parker	Josephine	Leighton Buzzard	8.30-9 Mins	08:08:10
478 Parker	Josephine	Leighton Buzzard Triathlon Club	8.30-9 Mins	08:08:25
516 Parkin	Rebecca		7.30-8 Mins	08:22:50
534 Parrott	Simon		7-7.30 Mins	08:25:50
551 Penfold	Scott		6.30-7 Mins	08:28:40
421 Perry	Sophie		10-11 Mins	07:53:20
517 Pilgrim	Leigh	Boxfit Tri Club / GreenlighPT	7.30-8 Mins	08:23:00
380 Pinkney	David		12-14 Mins	07:39:40
535 Pinney	Tom		7-7.30 Mins	08:26:00
451 Pixley	Alan		9-10 Mins	08:01:40
518 Pugh	Jamie	Leighton Buzzard Triathlon club	7.30-8 Mins	08:23:10
536 Rawle	Georgina	team mk	7-7.30 Mins	08:26:10
498 Rees	Daniel		8-8.30 Mins	08:13:25
422 Rees	Nigel		10-11 Mins	07:53:40
403 Rees	Sandra		11-12 Mins	07:47:20
381 Reeves	David		12-14 Mins	07:40:00
452 Richards	Adrian		9-10 Mins	08:01:55
453 Richards	Alfie	adrian	9-10 Mins	08:02:10
537 Richards	Alfie		7-7.30 Mins	08:26:20
382 Richards	Ciara		12-14 Mins	07:40:20
383 Richards	Helena		12-14 Mins	07:40:40
454 Richards	Helena	adrian	9-10 Mins	08:02:25
519 Roberts	Jonathan	gade valley harriers	7.30-8 Mins	08:23:20
384 Roberts	Shane		12-14 Mins	07:41:00
385 Robson	Andrew		12-14 Mins	07:41:20
423 Rogers	Clare		10-11 Mins	07:54:00
361 Rogers	Mike		14+ Mins	07:33:20
538 Ryan	Aidan		7-7.30 Mins	08:26:30

552	Scott	Martin		6.30-7 Mins	08:28:50
424	Sharman	Gill	Leighton Buzzard Triathlon Club	10-11 Mins	07:54:20
455	Shave	Chris		9-10 Mins	08:02:40
553	Shipley	James	Tri-Force	6.30-7 Mins	08:29:00
539	Smith	Adam		7-7.30 Mins	08:26:40
386	Smith	Annie		12-14 Mins	07:41:40
456	Smith	Howard		9-10 Mins	08:02:55
499	Snelson	Esther		8-8.30 Mins	08:13:40
479	Snook	Edward		8.30-9 Mins	08:08:40
480	somers	paul		8.30-9 Mins	08:08:55
425	Stead	Sarah		10-11 Mins	07:54:40
Relay	Stradling	Steph			
404	Surman	Harry		11-12 Mins	07:47:40
405	Tarrier	Kevin	Leighton Buzzard Triathlon Club	11-12 Mins	07:48:00
406	Taylor	Sophi		11-12 Mins	07:48:20
481	Taylor	Stephen	Team mk	8.30-9 Mins	08:09:10
426	Teale	Elaine		10-11 Mins	07:55:00
457	Thomas	Andrew		9-10 Mins	08:03:10
362	Tonks	James		14+ Mins	07:33:40
427	Trimmer	Christine		10-11 Mins	07:55:20
428	Turner	John	Team Nobby	10-11 Mins	07:55:40
387	Turner	Louise		12-14 Mins	07:42:00
Relay	Turner	Oliver			
482	Wainwright	John		8.30-9 Mins	08:09:25
483	Walker	Dominic		8.30-9 Mins	08:09:40
520	Walker	Julian		7.30-8 Mins	08:23:30
363	Walker	Louise		14+ Mins	07:34:00
388	Wallace	Gaynor	Buzzard	12-14 Mins	07:42:20
458	Wassersleben	Marco	BRJ Run and Tri	9-10 Mins	08:03:25
500	waters	bridget		8-8.30 Mins	08:13:55
562	Waters	Ian	GreenlightPT	6-6.30 Mins	08:30:30
521	Watson	Jim	BoxFit	7.30-8 Mins	08:23:40
501	Watters	Steph		8-8.30 Mins	08:14:10
389	Webb	Stewart		12-14 Mins	07:42:40
459	Wells	Steven		9-10 Mins	08:03:40
429	Weltz	Anita	Team Trident	10-11 Mins	07:56:00
554	Weltz	Richard	Team Trident	6.30-7 Mins	08:29:10
407	Whiterod	Amy		11-12 Mins	07:48:40
364	Wickersham	Justin		14+ Mins	07:34:20
522	Wilcock	Mark	Leighton Buzzard	7.30-8 Mins	08:23:50
460	Williams	Alexander		9-10 Mins	08:03:55
563	Williams	John		6-6.30 Mins	08:30:40
461	Willmott	Nigel	Leighton Buzzard Triathlon Club	9-10 Mins	08:04:10
484	Wills	Adrian		8.30-9 Mins	08:09:55
430	Wills	Jess		10-11 Mins	07:56:20
462	Winder	Alison		9-10 Mins	08:04:25
390	Winn	Julian	Bedford Harriers	12-14 Mins	07:43:00
408	Woodland	Adam		11-12 Mins	07:49:00
485	Woodworth	Mark		8.30-9 Mins	08:10:10
Relay	Wren	Charles			
569	Wyatt	Lois	Spartan	Sub 5 Mins!	08:31:40
555	Wyldes	Alastair	WVTri	6.30-7 Mins	08:29:20
502	Youens	Chris		8-8.30 Mins	08:14:25